

Prayer Pulse Assessment Survey

The point of this brief assessment is simply to help you see more clearly the current state of yourself and your team in terms of engagement with strategic prayer. Hopefully it will reveal areas of weakness which can help you see where to invest in the future.

Assign a score of 1-5 to each of the statements below, based on the following criteria:

1 = never 2 = rarely 3 = sometimes 4 = often 5 = always

A. Individual Level	Score
I have a sense of being close and intimate with God as I pray	
I am able to rest in God's presence and not be anxious about passing time	
I have a longing for worship and a love of worshipping	
I have a longing to know and meditate on God's Word	
When I pray, I like to use God's Word as the basis of my prayers	
I am able to hear God's voice (in any of the many different ways God speaks)	
I feel an eagerness to come to prayer	
I am consistent about being in prayer regardless of emotions or circumstances	
I spend significant amounts of time in prayer	
I am able to intercede with insight and am specific in my requests	
Total:	

B. Team Level	Score
There is a clear sense of God's presence as our team prays	
Our team loves to worship as we pray	
Our team uses the Word of God effectively in prayer	
We feel an eagerness to come together in prayer as a team	
Our team lives and prays with a spirit of unity	
Each team member takes initiative in praying out what God places on their heart	
Our team is collectively able to hear God's voice	
Our team is regular and consistent in praying together	
Our team spends significant amounts of time in prayer	
There is a clear sense of faith and expectancy as our team prays	
Team members make use of their spiritual gifts when we pray together as a team	
Times of silence when we pray as a team do not make us uncomfortable	
Our team has effective leadership that is exercised in appropriate amounts	
Total:	

* Taken from *Strategic Prayer: A Guide for Apostolic CP Teams (Groundwork)*